Amendment to the Claims:

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1-7. (Cancelled)

8. (Previously Presented) A padding for a protective helmet, including:

an envelope configured to be attached inside the helmet, the envelope being made of flexible material;

at least one supplementary padding element received in the envelope; the envelope including at least one opening allowing introduction and removal of the supplementary padding element into and from the envelope;

wherein:

the envelope has a general form of a 'T', which includes a longitudinal central branch whose front end extends laterally towards the left to define a left side branch and towards the right to define a right side branch;

the envelope includes a lower wall connected by its edge to an upper wall, the walls being made of a soft material which is able to be deformed;

the at least one supplemental padding element is received in the branches of the envelope; and

the at least one supplemental padding element includes attachment means affixed in a removable way to the envelope; and

wherein:

the longitudinal central branch includes, on its upper wall which contacts a lining fabric of the helmet, an opening to access a longitudinal pocket into which can be introduced a supplementary padding element;

the left side branch includes, on its upper wall which contacts the lining fabric, an opening to access a pocket, into which can be introduced a supplementary padding element; and

the right side branch includes, on its upper wall, an opening to access a pocket into which can be introduced a supplementary padding element.

9. (Previously Presented) A padding for the protective helmet, including:

an envelope configured to be attached inside the helmet, the envelope being made of flexible material;

at least one supplementary padding element received in the envelope; the envelope including at least one opening allowing introduction and removal of the supplementary padding element into and from the envelope; and

wherein

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the envelope has a general form of a 'T', which includes a longitudinal central branch whose front end extends laterally towards the left to define a left side branch and towards the right to define a right side branch,

the envelope includes a lower wall connected by its edge to an upper wall, the walls being made of a soft material which is able to be deformed,

the at least one supplemental padding element is received in the branches of the envelope, and

the at least one supplemental padding element includes attachment means affixed in a removable way to the envelope; and

wherein:

the longitudinal central branch includes, on its upper wall which contacts a lining fabric of the helmet, an opening to access a longitudinal pocket into which can be introduced a supplementary padding element,

the left side branch includes, on its upper wall which contacts the lining fabric, an opening to access a pocket, into which can be introduced a supplementary padding element, and

the right side branch includes, on its upper wall, an opening to access a pocket into which can be introduced a supplementary padding element; and

wherein

a central junction of the three branches includes, on its upper wall, an opening to access a pocket, into which can be introduced a supplementary padding element.

- 10. (Previously Presented) The padding for the protective helmet according to claim 9, wherein the upper wall of the envelope includes at least a band of self-gripping textile of the type with hooks.
- 11. (Currently Amended) A protective helmet including:
 a principal external shell including resident internal padding made out
 of rigid synthetic foam and a lining fabric; and

removable supplementary the padding according to claim 9 claim 8.

12-17. (Cancelled)

18. (Currently Amended) A protective helmet comprising: a rigid shell which defines an interior cavity; resident padding affixed to the shell in the interior cavity; an envelope configured to be mounted inside the resident padding and

5 be adapted to contact a user's head, the envelope being made of flexible fabric;

the envelope including a lower wall and an upper wall connected along at least one edge, the walls being made of a soft, deformable material, the upper wall contacting the lining fabric;

the envelope having a T-shape, which includes a longitudinal central branch and left and right side branches extending laterally outward from a front end of the longitudinal central branch, the envelope including at least one access opening to its interior;

a plurality of supplemental deformable padding elements configured to be inserted through the access opening into the interior of the branches of the envelope;

an attachment structure which removably attaches the supplemental deformable padding elements to the interior of the envelope such that the supplemental deformable padding elements adapt the helmet to a shape and volume of a user's head; and

wherein:

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the longitudinal central branch includes, on its upper wall which contacts the resilient padding, an opening to access a longitudinal pocket into which can be introduced one of the supplemental padding elements;

the left side branch includes, on its upper wall which contacts the resilient padding, an opening to access a pocket, into which can be introduced another of the supplemental padding elements; and

the right side branch includes, on its upper wall which controls the resilient padding, an opening to access a pocket into which can be introduced another of the supplemental padding elements.